

**Practical Permaculture for
Spiritual Initiates:
Recreating Eden with
Modern Food Forests and More**

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*Co-Founder of The Hearts Center and
Paradise Permaculture Institute*

Los Angeles 2018 Conscious Life Expo

Please Visit us at Booth 306





Recreating Eden

“All the world’s problems
can be solved in a garden.”

Geoff Lawton



Recreating Eden

Geoff Lawton—Permaculture pioneer with
Bill Mollison



<https://youtu.be/maORQPbEwJM>

Recreating Eden



Why recreate Eden?

- We will be reconnected with nature and the Creator.
- Life will be simpler & easier. Less stress, hurry, division.
- We will have our own live, organic food close at hand within our own Kin Domain and Space of Love.

How do we recreate Eden?

- Use permaculture principles. Use local resources.
- Partner with others of like heart and mind.
- Repopulate the Earth with forests, where many will be food forests with ample fruit, nuts, berries and seeds.
- Plant trees, either young ones from organic nurseries, from root stock or from seed to be grafted later.



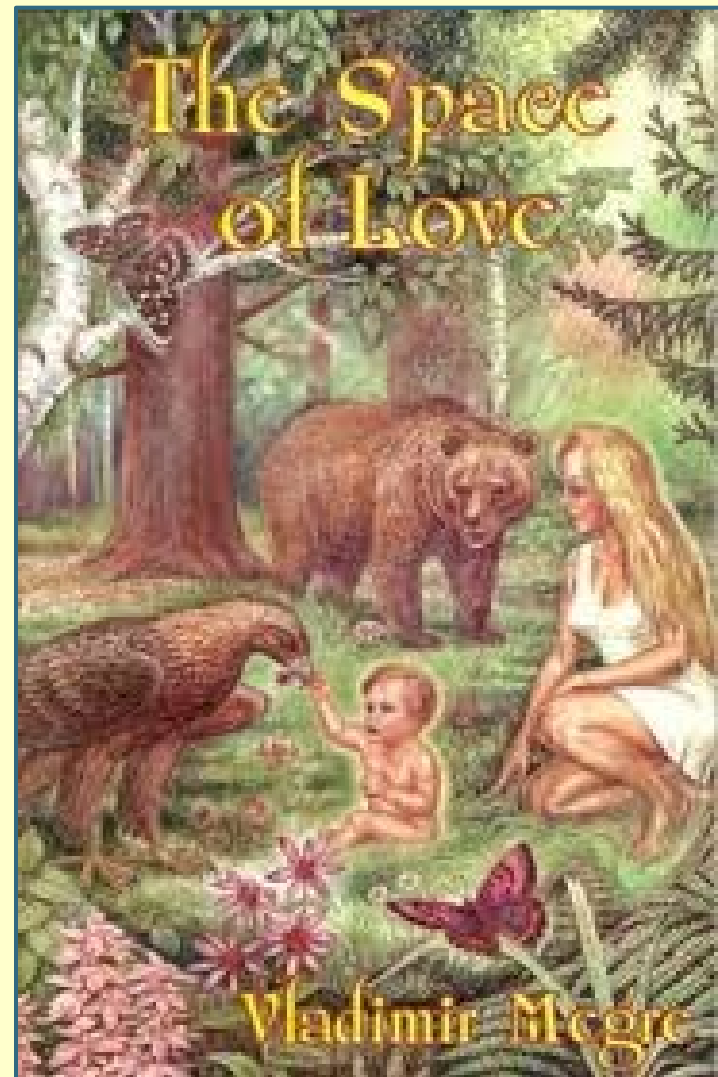
Recreating Eden



Use Anastasia's Wisdom in planning, designing and planting your food forest.

The Ringing Cedar Books, now a planetary movement influencing many to get into gardening and learn permaculture!

Meru University hosts "Anastasia in the Garden" classes in Montana each summer solstice on our 5.8-acre property just outside Livingston, Montana.



Recreating Eden



Anastasia's Influence

1. Get back to the Land
2. Grow your own organic food on your own property (kin domain, space of love)
3. Work with others to establish cooperatives and sustainable communities
4. Positively influence local villages, towns and cities to adopt green practices to bring all into balance with Mother Nature.

Recreating Eden

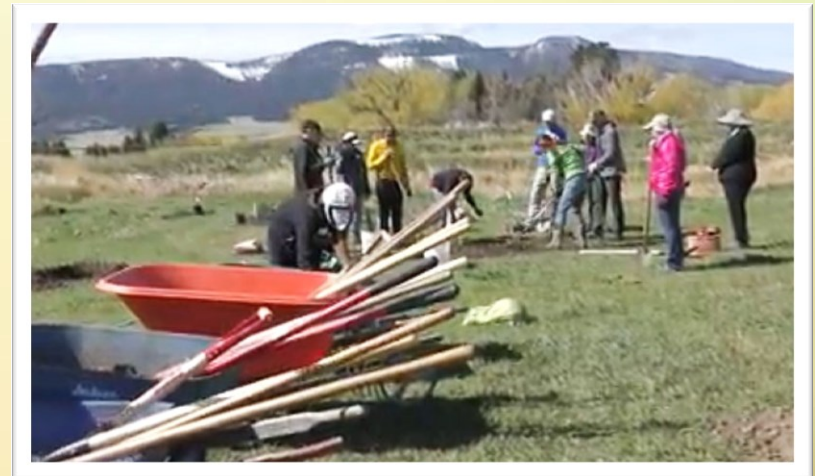


Recreating Eden

Watch two PPI videos (3:48 and 1:08)



<https://youtu.be/HLOA9O9diys>



https://youtu.be/k2_MctjsVvg

Recreating Eden

PermaSprouts! Teach children! Get them involved! They are our future and they love to be outside working with plants!



<http://www.paradisepermaculture.org/paradise-valley-permasprouts/>



Recreating Eden



Why “Spiritual Initiates”?

Initiates are those who take action, who initiate new cycles of light, love and higher consciousness. They don't sit back and wait for others to inspire them. They inspire others through their vision and through focused, determined, decisive practical work, service and givingness.

Recreating Eden

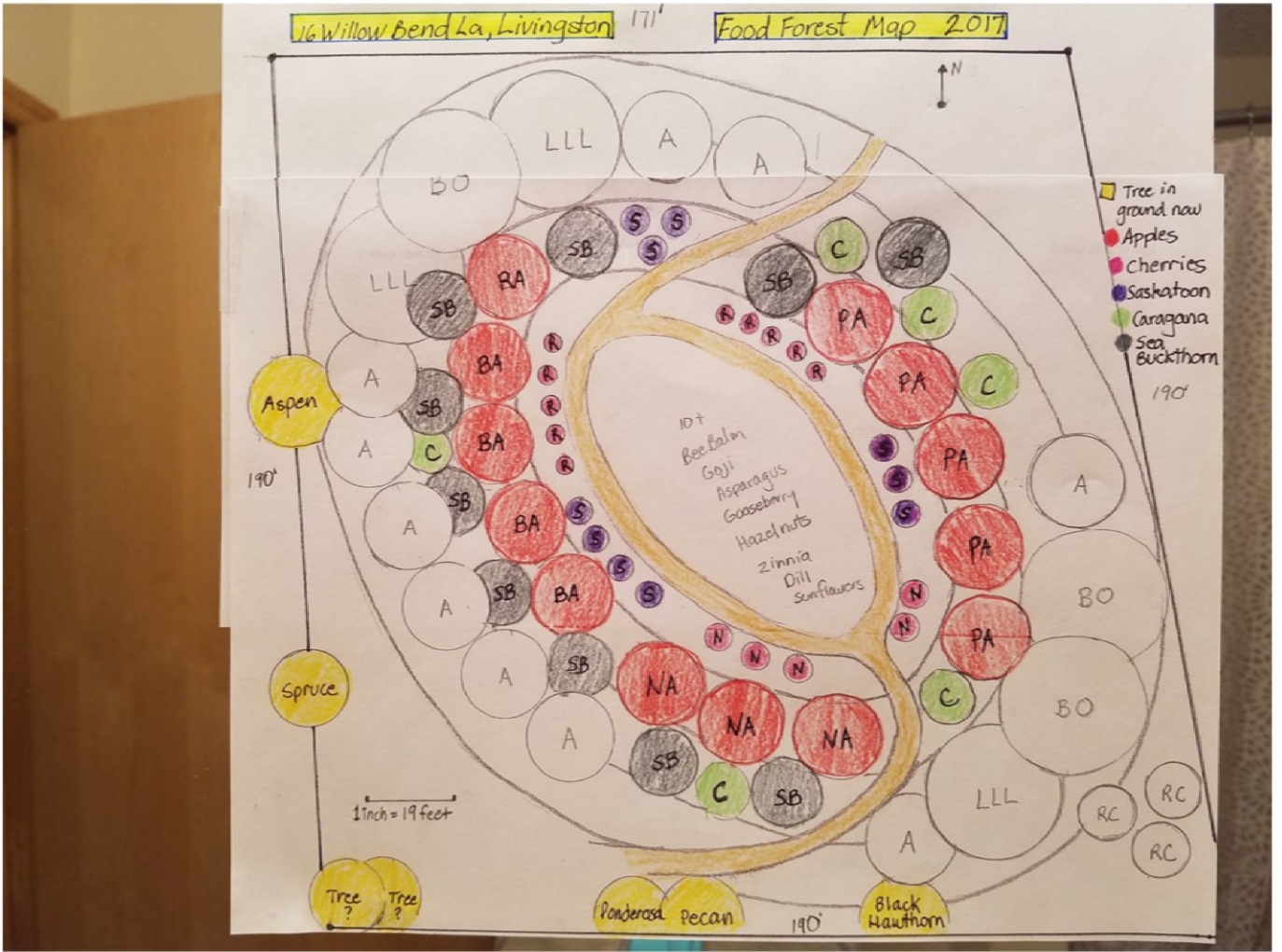


Person by person and community by community we must take positive action to do our part in recreating Eden on Earth.

Find others with whom you can work to plant local community gardens, transition back (and front) yards into gardens and use larger acreage to invest in your future through nature's offerings. Next Earth Day plant a local food forest with friends, like Amish communities have barn-raising.

Recreating Eden

Food Forest Plan by Mona Lewis



Recreating Eden

Watch video on Johnny Appleseed (first 7 min.)



<https://youtu.be/77nEkcwloos>

Pass out organic apple seeds I've saved!

Recreating Eden



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Ringling Cedars Books for Sale



Recreating Eden

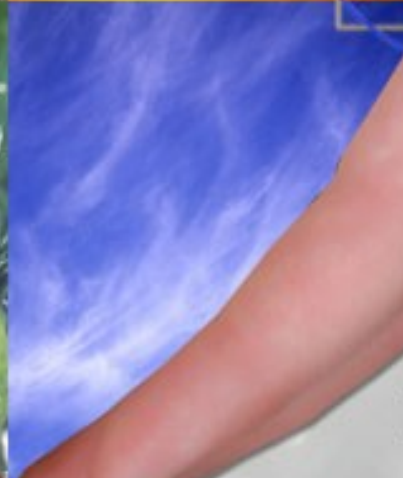


Questions
and
Answers



A Four-Week Meru University Interactive Webinar

The Power of Permaculture for Personal and Planetary Change



Instructors:

Robert Beese
Ralph Raaths
David C. Lewis



IN THE GARDEN WITH

Anastasia V

JULY 8

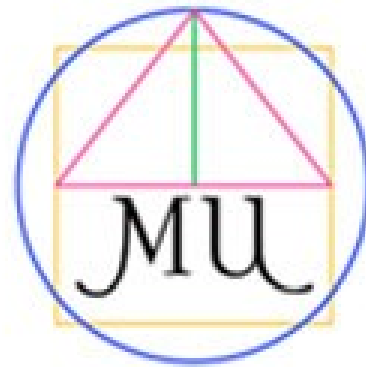
LIVINGSTON, MT

Instructor:

David Christopher Lewis

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David Christopher Lewis



MeruUniversity.org