

# Karmic Board Letters

## Background

The Karmic Board, a heavenly tribunal of ascended beings, meets at winter and summer solstice to review requests for assistance from their students on Earth. We stand before this august council to experience a life review at the time of transition called death, and at birth they offer encouragement and advice as we again enter the world of form to balance karma and complete our mission.

During summer and winter solstice, we pause to assess where progress has been made and where improvement is needed in our lives. These are times to offer to the Karmic Board the gift of our heartfelt gratitude. We tell them what we will give of ourselves in the next six months in service, in the offering of prayers and decrees, in the relinquishing of negative habits. In this manner we are clearing the way to receive their help.

Our requests for the Karmic Board's assistance can be for ourselves, our families, communities, the nation, and the world. You may write letters to the Karmic Board at any time during the year regarding any situation that requires divine intercession, yet the solstices are important times to communicate with them.

## Instructions

1. Address your letter to the members of the Karmic Board individually to the Divine Director, the Goddess of Liberty, Nada, Cyclopea, Pallas Athena, Portia, Kuan Yin, and Vairochana—or collectively: Beloved Great Karmic Board.
2. Begin by giving gratitude to these beloved ascended beings.
3. Tell them what your personal determination, goals and intentions for service to God are for the next six months.
4. Tell the Karmic Board what you pledge to them in exchange for their assistance with your plans and projects. It could be volunteer service, the offering of decrees and prayers, a determination to change certain limiting habit patterns.
5. Make your offering realistic, doable and practical and determine to fulfill it.
6. Sign your letter.
7. Make two copies. One copy may be kept on your altar, in your Bible or other sacred text, or it can be added to your treasure map or whatever place will remind you of your vows to the Karmic Board for the next six months.
8. Offer the other copy to heaven by burning it. At our solstice conferences, our Karmic Board letters are collected, blessed and burned together.