

Minneapolis Weekend Event Program
[Sponsored by The Hearts Center of Minneapolis-St. Paul]

November 6-8, 2009

- Times are Central Standard Time.
- Register at The Hearts Center online store for the internet broadcast.

Friday, Nov. 6—Fellowship

6:30 p.m. Dinner with heartfriends at a local restaurant

Saturday, Nov. 7—“Solar Healing and Energy Medicine for Today” Event

[Broadcast from Lake Harriet Spiritual Community Center, 4401 Upton Ave. S., Minneapolis 55410. Open to the public. Free admittance. Donations accepted.]

8:30 a.m. Registration
9:00 Introduction to “Soul Healing and Energy Medicine” by David Lewis, founder of The Hearts Center
9:50 Intermission
10:00 “Energy-Tapping Your Way into the Light” by Cathryn Taylor (including demonstrations and Q&A)
12:00 noon Lunch
1:30 “Dance Your Way to Healing with Ho’oponopono” led by Joyce Genis
2:00 “Keeping Your Energy in Balance with Spring Forest Qigong” by Sheila Judd (including demonstrations and Q&A)
4:00 Intermission
4:15 “Solar Healing and Cosmic Energy Medicine” by David Lewis
5:30 Time to browse the store
6:30 Dinner

Sunday, Nov. 8—The Hearts Center Sunday Service

[Broadcast from 225 Monroe Ave. North, Hopkins, MN 55343]

9:00 a.m. Prayers, songs, decrees to the sun and Alpha and Omega led by David Lewis
9:45 Lecture on solar healing by Wayne Purdin
10:15 HeartStream from beloved Alpha and Omega—“Anchoring a Great Light for the Planet”
11:00 Sealing of service
12:00 noon Lunch
1:30 Trip to Minnesota Landscape Arboretum or the St. Paul Conservatory

[For questions or more information call 952-945-9882.]