

Mantras

(1) “OM MANI PADME HUM AUM”

(2) DJWAL KUL BREATHING (4 rounds)

(3) HO’OPONOPONO

“I love you. I am sorry. Please forgive me. Thank you.”

(4) METTA MEDITATION

(5) “In humble adoration,

I kneel and touch my forehead to the ground before Kuan Yin of oneness.” *(This image represents harmony. It teaches us to rise above and remain centered when experiencing the appearance of negative energy.)*

WHA CHIANG – EE ROO – GWAN EEN – KOE TOE

(6) “OM MANI PADME HUM AUM”

(7) HAIL KUAN YIN

Hail Kuan Yin, full of mercy,
The Mother Light is with thee.
Blessed art thou among buddhas and
Blessed is the mercy that flows through thee.
Holy Kuan Yin, Mother sublime,
Pray for us bodhisattvas divine
Now and ever as we emanate with thee. (3x)

(8) “OM AH HUM VAJRA GURU PADMA SIDDHI HUM”
(3x)

(9) “WE CALL TO BELOVED KUAN YIN
TO WASH OUR HEARTS IN VIOLET FIRE.”

Wash our hearts in Violet Fire (4x)
Cleanse our hearts in Violet Fire (4x)
Spin our hearts in Violet Fire (4x)
Raise our hearts in Violet Fire (4x)
Seal our hearts in Violet Fire (4x)

(10) JEWEL (song)

Hail to the jewel in the heart of the lotus,
Hail to the sun that you are,
Hail to the presence blazing right through you,
Hail to that flame in your heart.

Hail to the jewel in the heart of the lotus,
Hail to the light from your star,
Hail to that perfect love shining within you
And emanating so far.

Om Mani Padme Hum, Om Mani Padme Hum, Om Mani Padme Hum,
Om Mani Padme Hum, Om Mani Padme Hum, Om Mani Padme Hum.

(2x)

(11) In the fullness of your cosmic joy, we accept this prayer
manifest here and now with full love, wisdom and power, anchored
in
the earth, air, fire, water and ether and tangibly manifest in our lives
and in the lives of all evolutions of light throughout cosmos!
“OM MANI PADME HUM AUM”

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