

The Hearts Center 2017 Spring Equinox Meru University Event

Serapis Bey on Adeptship and the Ascension

Vista, and Questhaven Retreat, CA, March 16-19

- **Questhaven Retreat**, lodging and free activities: 20560 Questhaven Rd., San Marcos, CA 92078. Check-in at 3:00 pm, checkout at 11:00 am. On Sunday checkout between 2:30 and 3:30 pm., after Sunday activities
Approx. 50-min. drive from San Diego International Airport to Questhaven
Approx. 25-min. drive from Questhaven to Vista venue
- **Spring MU Event venue**: Dennis Fisher's home (Temple of Clarity), 1541 Roma Drive, Vista, California 92081

All times PST

Wednesday, March 15

- 1:00 – 3:00 pm: Times for scheduling in-person Soul Raising Sessions (at Dennis' house).
- 3:00 Questhaven lodging check-in begins in the Retreat House (Casa de Angeles) kitchen. See map. The cottages have carports for parking. The Retreat House has only a few spaces, so unload and park on the blacktop across from the Friendship House.

Thursday, March 16

- 7:55 am Meet at Questhaven Paneurhythmy Circle, adjacent to the Labyrinth (no gatherings on rainy or wet mornings)
- 8:00 Dance the Paneurhythmy
- 9:00-9:10 Meet in front of Friendship House to carpool to Vista. When you arrive at Dennis Fisher's home, there will be parking attendants to direct you to a parking spot and provide a shuttle if required.
- 9:00-9:50 Bookstore open in Vista
- 9:30 Registration opens in Vista
- 10:00 *In seats. Meditation (total silence)
- 10:15 Prayers and songs. *Children's Golden Buddha Rosary*
Jesus: Welcome to the Initiatic Path
John the Beloved: Meditation on Love
- 11:45 Intermission
- 12:00 pm Prayers and songs
Confucius: The Path of Enlightenment
- 1:00 Announcements. Bookstore open.
Lunch at local restaurants. Grocery shopping for those making meals at Questhaven. See Recommended Natural Food Grocery Stores and Cafés sheet (included in your folder). Return to Questhaven.

- 4:00 Those in cottages make dinner in their kitchens. Retreat House group will make shared dinner in Retreat House kitchen, and will chip in to pay for groceries.
- 5:30 Dinner, community sharing
- 7:30 Optional prayers to the Elohim Astrea and Purity at the Contenta Cottage

Friday, March 17 (Saint Patrick's Day)

- 7:55 am Meet at Questhaven Paneurhythmy Circle adjacent to the Labyrinth
- 8:00 Dance the Paneurhythmy
- 9:00-9:10 Meet in front of Friendship House to carpool to Vista
- 9:00-9:50 Bookstore open in Vista
- 10:00 *In seats. Meditation (total silence)
- 10:15 Prayers and songs. *Vesta's Solar Rosary*
Mother Mary: Sacred Touch for Healing
Intermission
- 12:00 pm Prayers and songs.
Spirit of the Cosmic Christ
- 1:00 Announcements. Bookstore open.
Lunch at local restaurants or prepare lunch at Questhaven kitchens
- 3:00 Meet at Questhaven Friendship House. Hike and darshan with **Serapis Bey and Amen Bey** (will not be broadcast; however, recording will be posted on replay page)
Reflections on HeartStreams
- 5:00 Those in cottages make dinner in their kitchens. Retreat House group will make shared dinner in Retreat House kitchen, and will chip in to pay for groceries.
- 6:30-8:30 Times for scheduling in-person Soul-Raising Sessions at Dennis' house.
- 7:30 Optional talk by Blake Isaac about the Questhaven Retreat with questions and answers at the Friendship House
- 8:15 Optional prayers to the Elohim Astrea and Purity at the Contenta Cottage

Saturday, March 18

- 6:15 am Meet at Questhaven entrance gate for optional mindfulness sunrise hike with silent meditation. This is a somewhat steep hike in the dim light of dawn. Bring a flashlight (or phone flashlight) and possibly a hiking stick. Dawn is at 6:31 am and sunrise 6:55 am.
- 7:55 am Meet at Questhaven Paneurhythmy Circle
- 8:00 Dance the Paneurhythmy
- 9:00-9:10 Meet in front of Friendship House to carpool to Vista
- 9:00-9:50 Bookstore open in Vista
- 10:00 *In seats. Meditation (total silence)
- 10:15 Prayers and songs. *Kuan Yin's Rosary of Mercy*

Saint Germain

Kuan Yin comes with a blessing.

- 11:45 Intermission
- 12:00 Prayers and songs
- Divine Director:** *Cosmic Clearance*
Reflections on HeartStreams
- 1:00 pm Circle of Oneness and Appreciation. Sealing of conference for the broadcast listeners. Announcements. Bookstore open.
Lunch at local restaurants or prepare lunch at Questhaven kitchens
- 3:00 Meet at Questhaven Friendship House for guided nature walk
- 5:00 Those in cottages make dinner in their kitchens. Retreat House group will make shared dinner in Retreat House kitchen, and will chip in to pay for groceries.
- 6:30 Meet at Friendship House for optional sunset meditation (sunset: 6:58 pm, twilight 7:23 pm)
- 7:30 Optional prayers to the Elohim Purity and Astrea at the Contenta Cottage
- 7:30 Optional—join in preparing food for Sunday pot luck in Retreat House kitchen

Sunday, March 19 (Sunday's activities at Questhaven are free and will not be broadcast.)

- 8:15 am Walk the Labyrinth (optional)
- 8:25 Meet at Questhaven Paneurhythmy Circle
- 8:30-9:20 Dance the Paneurhythmy.
- 9:30 Quiet time, optional Oaktree Meditation outside Chapelito
- 10:35 Arrive at Questhaven Church of the Holy Quest
- 10:45 Sunday Service with Reverend Blake Isaac: *Flower Newhouse and the Universal Brotherhood of Light*
- 12:00 pm Community pot luck lunch in Friendship House. Bring a food item to share if you are able.
- 1:30-2:30 Lecture at Friendship House by David Christopher Lewis entitled, *Divine Love: The Universal Panacea*
- 2:30 Check out from Questhaven following the instructions on Check Out Procedure sheet (included in your folder). Give your keys to Joyce Genis. Questhaven charges \$25 for keys not returned.
- 3:30-6:30 Times for scheduling in-person Soul-Raising Sessions (at Dennis' home)

*The master recommends everyone arrive at least 15 minutes early to meditate before the morning sessions.

This program is subject to change.

Spring Equinox: Monday, March 20, 3:29 am Pacific Time

3/13/17