Our Favorites

Berryvale Grocery and Deli Café

Organic health food store

Health Food grocery open Mon-Sun: 8:00 am-8:00 pm

Grill open 10:00 - 4:00 pm, coffee until 6:00 pm, smoothies until 6:00 pm

305 S. Mt. Shasta Blvd. Mount Shasta, CA 96067 Phone: 530-926-1576

Hari Om Shri Ram Indian Cuisine

Organic Lunch and dinner. Great food: vegetarian **and vegan** available. Friendly staff! **Our Saturday community dinner will be catered by this restaurant.**

531 Chestnut St. Lunch 11:30- 3:00 Dinner 5:00- 9:00 Open every day except Tuesday 530-918-6300

More Restaurants

Seven Suns Coffee & Café

Open 6:00 am–4:00 pm daily 1011 S. Mt. Shasta Blvd. 530-926-9701

Yaks Coffee Shop

Open 7:00 am–6:00 pm (daily) 333 N. Mt. Shasta Blvd. (Next door to Soul Connections)

Phuket Thai Café

1328 S Mt Shasta Blvd Tuesday: 3:00 - 9:00pm

Wednesday - Saturday: 12:00 - 9:00pm

Sunday: 12.00-6:00pm

530-926-4444

Don Titos

Vegetarian available: veggie enchilada and veggie fajitas Lunch 11-3:00 (M-F) Dinner 3:00-**9:00 (Tues-Sun; closed Mon)** 2217 S Mt Shasta Blvd 530-926-3372

Andaman Healthy Thai Cuisine

Lunch and Dinner - Pricey - Vegetarian available. Very good! 313 N Mt Shasta Blvd. (In same block as Soul Connections) 530-926-5288.

Lily's

Lunch and Dinner. Fancy, pricey and delicious - Some organic food, especially for lunch 1013 South Mt Shasta Blvd. 530-926-3372

Tree House Restaurant, Cooper's Grill

Breakfast, lunch, and dinner in Best Western Hotel. American food, vegetarian available 111 Morgan Way 530-926-3101

Mount Shasta Pastry

Wed, Thru and Friday: Breakfast 7:00am – 11:30am Lunch 11:30 -2:00 Sat and Sun 7:00am -1:00pm Breakfast only 610 S. Mt. Shasta Blvd 530 926 9944