

Broadcast Program—Mountain Standard Times

How to Live a Heart-Centered Life

The Ascended Masters Bless Australia with Their Love and Light

Melbourne, Australia, January 6–7, 2017

Mountain Standard Times

Friday, January 6

- 3:00 pm Welcome by David Christopher Lewis
3:10 Silent meditation. Doors closed
3:30 Songs, prayers and movement
Darshan* with El Morya: *The Principles of the Spiritual Path*
5:00 Intermission
5:15 Presentation on Zarathustra
6:15 **Zarathustra: *Fiery Spirits, Arise!***
6:30 pm 2-hr. intermission for lunch in Australia
8:30 Songs, prayers, musical meditation
Lady Master Nada: *The Refreshing Currents of Divine Love*
10:00 Intermission
10:30 Songs, video and movement
Mighty Astrea: *An Australian Clearance*
Reflection and sharing on the HeartStreams
12:00 am End of session

Saturday, January 7

- 2:55 pm In seats
3:00 Silent meditation. Doors closed
3:20 Songs, prayers and movement
Darshan* with Mother Mary: *A Mother's Love for Her Own*
5:00 Intermission
5:15 Songs, prayers, musical meditation
Kuthumi: *The Lineage of Lightbearers East and West*
6:30 pm 2-hr. intermission for lunch in Australia
8:30 Songs, prayers and movement
Lord Maitreya: *How to Manifest Buddhist Awareness*
10:00 Intermission
10:30 Songs, prayers, musical meditation
Maha Chohan: *Gifts of the Holy Spirit, Come!*
Mystery Master: *A Sacred Dialogue with God*
Reflection and sharing on the HeartStreams
11:50 Circle of oneness and appreciation and final blessing
12:00 am End of seminar

* Darshan: The sharing of teaching through discourse and/or the answering of questions either by the presiding master or the devotees and the sharing of teaching by the master's radiation to the soul.